**VILAS ALBORADA SCHOOL MENU (Santiago de Compostela) DECEMBER**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY,** | **TUESDAY, 1** | **WEDNESDAY, 2** | **THURSDAY, 3** | **FRIDAY, 4** |
|  | **Salad** | **Portuguese soup** | **Soup** | **Cream of vegetable soup** |
|  | **Lentils with vegetables sautéed with ecologic sesame** | **“Paella” with monkfish** | **Omelette with lettuce and beetroot salad** | **Breaded beefsteak with chips** |
|  | **Pear** | **Banana** | **Tangerine** | **Fresh fruit salad** |
| **MONDAY,**  | **TUESDAY,**  | **WEDNESDAY, 9** | **THURSDAY, 10** | **FRIDAY, 11** |
|  |  | **Brocoli with garlic sauce** | **Croquettes** | **Vegetable soup** |
|  |  | **Vermicelli with meat** | **Asturian beans with mussels** | **Fish (hake coated in batter) with boiled potatoes** |
|  |  | **Orange** | **Pear** | **Kiwi and apple** |
| **MONDAY,14** | **TUESDAY, 15** | **WEDNESDAY, 16** | **THURSDAY, 17** | **FRIDAY, 18** |
| **Tomato and sardine salad** | **Peas with garlic sauce** | **Onion soup** | **Salad** | **Pizza** |
| **Rice with vegetables** | **Fish and vermicelli stew** | **Beef , potato and vegetable stew** | **Fried eggs with rice and ratatouille** | **Chickpea and vegetable stew** |
| **Pineapple** | **Tangerine** | **Apple** | **Fresh fruit salad** | **Yoghurt** |
| **MONDAY, 21** | **CHRISTMAS** | **WEDNESDAY,**  | **THURSDAY,**  | **FRIDAY,**  |
| **Salad** | **Seafood salad** |   |  |  |
| **Spaghetti with tuna and tomato sauce** | **Cod with cauliflower** | Recetas de Galletas de Navidad fáciles y rápidas 2020 | Postres navideños fáciles, originales y para todos los gustos | Gelatina de Navidad - Recetas para postres en Dibujos.net |
| **Apple** | **María´s Christmas pastries**  |  |  |  |