|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY, 3** | **TUESDAY, 4** | **WEDNESDAY, 5** | **THURSDAY, 6** | **FRIDAY, 7** |
| Cream of carrot soup | Soup | Lettuce, carrot and driedapple salad | Pasta salad | Toasts |
| Tagliatelle with tuna fish and tomato sauce | Omelette with salad | Rice and beefstew | Hake in green sauce and vegetables | Lentils with spicy pork sausage |
| Pear | Apple | Banana | Fresh fruit salad | Doughnuts |
| **BRITISHConoce más sobre las expresiones del inglés británico** | **TUESDAY, 11** | **WEDNESDAY, 12** | **THURSDAY** | **FRIDAY** |
| **Ploughman´s salad** | Warm chickpea salad | Lamb´s lettuce and olive salad |  |  |
| **Roastpork andpotatoes** | Squids ( Roman-style) with pasta | Fried eggs with rice and ratatouille |  |  |
| **Strawberries with cream** | Orange | Natural fruit juice |  |  |
| **MONDAY** | **TUESDAY, 18** | **WEDNESDAY, 19** | **THURSDAY, 20** | **FRIDAY, 21** |
|  | Lettuce and onion salad | Brocoli with garlic sauce | Baked vegetables | Green beans |
|  | Asturian bean stew | Squid and potato stew | Vermicelli with chicken | Cheese omelette with salad |
|  | Pear | Apple | Banana | Fresh fruit salad |
| **MONDAY, 24** | **TUESDAY, 25** | **WEDNESDAY, 26** | **THURSDAY, 27** | **FRIDAY, 28** |
| Chicken soup | Pizza | Russian salad | Lettuce, tomato and olive salad | Peas with ham |
| Sardines with boiled potatoes and eggs | Lentilstew sauteéd with ecologic sesame | Breaded beefsteak and tomatoes | Grilled hake with pasta | Vegetable “paella” |
| Yoghurt with honey | Orange | Pear | Apple | Banana |
| **MONDAY, 31** |  |  |  |  |
| Lettuce salad |  |  |  |  |
| Beef and potatostew |  |  |  |  |
| Custard |  |  |  |  |