**VIAS ALBORADA SCHOOL MENU (Santiago de Compostela) JUNE**

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| --- | --- | --- | --- | --- |
|  | **TUESDAY, 1** | **WEDNESDAY, 2** | **THURSDAY, 3** | **FRIDAY, 4** |
|  | Tomato, fresh cheese and oregano salad | Cream of vegetable soup with croutons | Melon with ham | Peas |
|  | Chickpea and vegetable stew | Fish hamburgers | Poached eggs with rice and tomato sauce | Vermicelli with chicken and carrots |
|  | Banana | Watermelon | Apple | Orange |
| **MONDAY, 7** | **TUESDAY, 8** | **WEDNESDAY, 9** | **THURSDAY,10** | **FRIDAY,11** |
| Salad with beetroot | Chicken soup | Vegetable stew | Toasts | Green beans with garlic sauce |
| Roasted pork ribs with potatoes | Omelette with tomato salad | Lasagna ( Bolognese) | Asturian beans with vegetables | Rice with mussels |
| Strawberry yoghurt | Pear | Nectarine | Fruit sorbet | Apple |
| **MONDAY,14** | **TUESDAY, 15** | **WEDNESDAY, 16** | **THURSDAY, 17** | **FRIDAY, 18** |
| Croquettes | Cream of carrot soup with croutons | Pizza | Lettuce and carrot salad | Russian salad |
| Lentils sautéed with ecologic sesame | Squid and potato stew | Rice with beef and vegetables | Fried eggs with chips | Baked fish (hake) with pasta |
| Apple | Banana | Orange | Pear | Fruit milkshake |
| **MONDAY, 21** |  |  |  |  |
| Pasta salad |  |  |  |  |
| Breaded beef steak with tomato salad |  |  |  |  |
| Ice cream |  |  |  |  |